STIRLING CARERS CENTRE

EMPOWERING • INCLUSIVE • ACCOUNTABLE

Annual Report 2024/25

Chair's Report

On behalf of Stirling Carers Centre, it is my pleasure to present the Annual Report for 2024/25.

This year we have continued to provide valuable services and assistance to unpaid Carers in the Stirling area, and we are proud to report:

- **A 13% increase in new Carers registering with the Centre**
- **A 12% increase in the number of Carers directly supported by the Centre**
- **A 19% increase in 1:1 support appointments**
- **A 42% increase in enquiries through our website**

These figures highlight the growing need for our services and the positive impact we are making, as confirmed by feedback from Carers themselves.

As we see legislative changes in the government support payment structures and continued uncertainty in the UK economy, I can't help but think that this support is perhaps more valuable than ever, and I'd like to once again say a few thank yous to the people that have been instrumental to the Centre's delivery.

- The passionate, indefatigable, and ever resourceful staff of the Centre
- Our statutory and independent funders, whose support is critical to the ongoing provision of service
- My colleagues on the Board, who provide governance and oversight alongside help and support for the team.
- The volunteers that work with us, whom again, thanks do not seem enough for.

Despite the funding landscape becoming

increasingly difficult, I'm pleased to report that our reserves and financial resilience remain strong and appropriate. We are also preparing for changes in council funding across Stirling and Clackmannanshire.

Last year, Keri Moore was appointed as interim CEO, and this year I'm very pleased to confirm that Keri has now been appointed to the position permanently. I am confident in her leadership and the team's ability to meet future challenges.



David Khan
Chair

2024-25 Overview

557 new Carers registered

100 re-registrations or new caring situations

1,860 Carers directly supported

£60k granted in short breaks grants

4,029 Adult, Young Adult & Young Carer short break attendances

262 Adult Carer Support Plans completed or reviewed

106 Young Carer Statements completed or reviewed

Highlights

Leadership Transitions

In August 2024, we said goodbye to Colleen McGregor as she moved on to a new opportunity.

Following a successful period as Acting CEO, Keri Moore was officially appointed CEO in February, bringing continuity and fresh energy to the role.

Carley O'Hare also moved from our Carer Support Team to become our Operations Manager. With their combined experience and passion, we're excited about the future as we continue championing unpaid Carers.

Carer & Cared For Events

We've seen an increase in Carers bringing the person(s) they care for to events, enabling breaks that would otherwise be impossible due to lack of replacement care. These inclusive gatherings offer a safe space, a change of scenery, and opportunities to create positive experiences and memories.

Events have included monthly Carer Lunches; the Connecting with Dementia Carers Group; the Stirling Sunshine Singers dementia-inclusive choir; Parent Carer outings to Edinburgh Zoo and soft play; trips to Jupiter Artland and the National Museum of Scotland; and well-attended Christmas Lunches in Stirling and Callander.

Fundraising

In April 2024, nine staff members and nine Carers/supporters took part in the Kiltwalk, covering over 280 miles and raising more than £5,800 for the Centre.

A special mention goes to Isabell, our oldest participant at 87, who raised over £600 on her own!

Financial Report



Donations	£412,405
Charitable Activities	£347,308
Investments & Other	£9,891



Raising Funds	£357
Charitable Activities	£839,140

For the year ended 31 March 2025, the Statement of Financial Activities shows an overall deficit of £69,892 (2024 surplus £57,407).

The reserves policy adopted by the Board is based on the major risks facing the organisation. An estimate has been made of the policy monetary impact and risk weighting based on the likelihood of an unforeseen event occurring. This allows a monetary value to be assigned to the reserves required. The level of reserves is monitored by the Directors on a quarterly basis. As at 31 March 2025 the total unrestricted reserves stood at £419,021 (unrestricted less designated) (2024: £425,351). The Directors aim to maintain free reserves at a level of three to six months annual expenditure, which is considered sufficient to cover staff and operating costs on a short-term basis to allow for restructuring in the event of a significant decrease in funding. The level of free reserves at 31 March 2025 was within the Board of Director's target.

Funders & Supporters

The service contract funding we receive from our statutory partners, Clackmannanshire and Stirling Health & Social Care Partnership and Stirling Council, allows us to provide many of our core services to unpaid Carers, and for this we are most fortunate.

However, our additional services are funded by a range of trusts and individual donors, without whose support our service would be greatly restricted. We would like to extend our thanks for their on-going support.

The Henry Smith Charity
founded in 1628

COMMUNITY FUND

global's Make some NOISE

Supported by BBC Children in Need

cashforkids

SHARED CARE SCOTLAND

THE Hunter CHARITABLE TRUST

THE ROBERTSON TRUST

The Scottish Government
Riaghaltas na h-Alba

Trusts & Foundations

- Cash for Kids
- Children in Need
- Age Scotland
- Arnold Clark Community Fund
- Global's Make Some Noise
- The Henry Smith Charity
- Hopscotch
- The National Lottery Community Fund
- The Robertson Trust
- Scottish Children's Lottery Trust
- The Scottish Government
- Shared Care Scotland
- Stirlingshire Voluntary Enterprise
- Tesco Stronger Starts
- Volant Trust

Local Giving

- Yardi Systems

In-kind Donations & Discounted Services

- Bella's Takeaway
- Clubbercise, Bannockburn
- Endrick Yoga
- Jump 'n' Joy
- Loch Venachar Sailing Club
- Macrobert Arts Centre
- Stirling Albion FC
- Stirling Castle Quilters
- Stirling County RFC
- Stirling Golf Club
- Verbena Therapies
- The Yoga Tree

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